

	Relationships		Living in the Wider World		Health and Wellbeing	
Year/Half-termly unit titles	Autumn 1 Families and friendships Autumn 1	Autumn 2 Safe relationships/ respecting others	Spring 1 Belonging to a community	Spring 2 Money and work/ media literacy	Summer 1 Physical and mental wellbeing	Summer 2 Growing and changing/ keeping safe
Y1	Who are our special people? The same and different Boys and girls Understanding what a friend is The friendship recipe Keeping friendships	Class rules An Act of Kindness How our behavior affects others It's not fair! Who can help? (Bullying) My body belongs to me (PANTS rule)	Why we have rules Listening to others (How are you listening?) Taking care of something Around and about the school (looking after our environment) Recycling	What is money? How can we look after our money? Strengths and interests (jobs) Different jobs Introduction to the internet	We all have feelings Good and not so good feelings Healthy me How to eat well Handwashing	Growing up: Human life cycle Everyday safety Who helps us stay safe? Sun Safety
Y2	My family What makes a family? Respecting difference Feeling safe in and out When someone is feeling left out	Bullying or teasing? Don't do that! (bullying) Similarities and differences Secrets and Surprises and who can help I don't like that!	Contributing positively to the class Sameness and difference Right and responsibilities in the wider community Respecting our neighbourhood	Saving money Essential/ non-essential purchases Staying safe online Personal information Communicating online	Sleeping well Dental hygiene Medicines Big feelings Dealing with loss	Feeling safe Staying Safe at Home Dealing with change How we keep learning Introduction to first aid
Y3	Identifying positive relationships with key people (Looking after our special people) Being a good friend (friends are special) Conflict resolution (How can we solve this problem?) Listening and responding to others	Doing the right thing (respect) Being respectful by listening to others Prejudice and bullying Secrets or surprise? Personal boundaries (body safe) Keep it private	My community How does a community support each other? Diversity in the UK and our area Following rules Rules laws and responsibilities Children's rights	Earning money Skills for different jobs Challenging stereotypes Setting goals Online Community Live streaming Gaming	Expressing our feelings Managing our feelings Fit as a fiddle Healthy Eating Healthy choices and habits	Inclusion Water Safety Fire Safety Safety When Out Injuries and emergencies

<p>Y4</p>	<p>Understanding positive relationships Understanding different types of bullying Challenging stereotypes Mental wellbeing and my family Secrets and surprises (personal space)</p>	<p>Recognising and respecting difference Under pressure Dares (How Dare You!) Making choices Consequences of aggressive behaviour (What would I do?)</p>	<p>Belonging to a community Wants, needs and rights Pressure groups Charities Sustainable development goals/ global citizens Volunteering</p>	<p>Ways to pay Financial Priorities Keeping track of money Online advertising</p>	<p>A Healthy Lifestyle Dental Health Alcohol and Smoking Healthy Minds</p>	<p>Change (Moving House) New responsibilities and independence Risks, Hazards and dangers Medicines and household products</p>
<p>Y5</p>	<p>The value of friendship/ managing peer pressure Conflict resolution and consent Unhealthy relationships Building resilience in relationships/ mental wellbeing Online Safety</p>	<p>What influences our opinions, beliefs and values? Belonging Listening and responding respectfully Safe and unsafe secrets Your body is your own</p>	<p>Rights, responsibilities and duties Local councils My school community Voluntary, community and pressure (action) group Protecting our environment</p>	<p>Future Focus Equal Opportunities The World of Work Can I trust what is online? Developing critical thinking online</p>	<p>Drugs and Medicine Legal and illegal drugs Influences and peer pressure Drugs and alcohol in the media Mental Health and Keeping Well Managing challenges and change</p>	<p>First Aid Puberty lesson Home – safe and sound Resilience Self-esteem</p>
<p>Y6</p>	<p>Changing families Respecting difference in others Challenging prejudice and discrimination Healthy and unhealthy relationships Marriage and choice Building resilience (unhealthy influences)</p>	<p>Respecting difference Bullying and Discriminatory behaviour (OK to be different) Tolerance and respect for others Online Bullying Assertiveness skills Solving friendship problems Inappropriate touch (acting appropriately)</p>	<p>Stereotypes Extremism Gender stereotypes Challenging racism</p>	<p>Value for money and ethical spending Critical consumers Impact of spending and the environment (including tax) Budgeting Fake news What can I watch?</p>	<p>Physical and mental wellbeing Social Media and mental wellbeing How the news affects my feelings Dealing with worry Managing loss and bereavement</p>	<p>Transition to secondary school Female Genital Mutilation Consent (linked to forced marriage/ domestic abuse Knowing my local risk areas Staying safe in the outdoor environment</p>